

CAFE NEWS

NEWSLETTER OF THE FRIENDSHIP CAFÉ & ST JAMES CITY FARM

Goodbye
2022
Hello
2023



www.thefriendshipcafe.com



The Friendship Café



The Friendship Café



Zahara - 07436 692955
Fouzia - 07828 204955
Abdullah - 07436 629512
Ibby - 07868 208790



@FriendshipCafé1



@FCYouth21



OPCC
Office of the Police &
Crime Commissioner
for Gloucestershire

ED-LINES

Another year gone! Where does the time go?
It seems as a kid I always wanted to be older - I wish I was 16 then 18 then 21. Then after 39 its "I wish I was younger!". Well thankfully helping to run a youth club helps me feel young(er). My mind says "GO FOR IT" but the body says "WHOA!! You cant do that anymore!!"

And I know that's true cos the amount of times i get told to "Grow Up!!" or "Act your age " proves that, plus I still laugh when someone farts!!

And with the New Year comes the new resolutions that we try so hard to keep but only usually lasts about 2 weeks... BUT not this year. This year my resolutions are to stop going gym, eat more cakes & spend more time on my phone. This is a WIN/WIN situation if i keep or break my resolutions!!! GENIUS!!

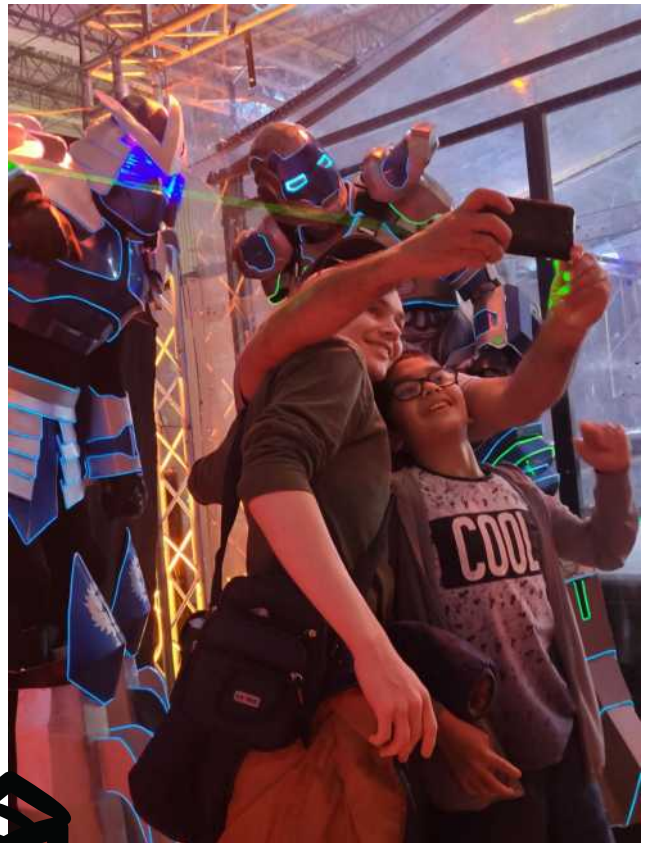
And finally, first it was loo roll, then petrol now eggs

Humpty Dumpty sat on a wall
Asda , Tesco and Lidl had no eggs at all
All the shops and all the stores
Should push Humpty off the wall
So we can all have scrambled eggs!!

TTFN
Shoaib - Editor - Cafe News



Someone taking a photo of me
taking a selfie with my boys



The result

The Emma Willis

SEWING STUDIO



Our dearest Kim

For as long as we remember you, you will be in our hearts to stay. Your utter joy at being in the studio, you were so open to learn about others, welcoming all, your beautiful smile, the kindness you shared with those around you, and those less fortunate than you was admirable. Our prayers and thoughts with your family at this difficult time. You will be missed by all. Aysha and the studio family



To every woman at the studio, thank you so very much. You are and always will be what makes this our happy place. Look what we achieved when we worked together. The summer fundraiser raised over £1000 pounds and this is what we purchased with the money!

Thank you
Aysha



Aysha receiving an award for Great and Valuable services to the community from Air Marshal Sir Dusty Miller KBE - High Sheriff of Gloucestershire, joining him was the inspirational Julie Kent MBE Chairman of Cheltenham Open Door.

ICE SKATING

PART 1

LINK CENTRE SWINDON



MAKE & TAKE

@Treasure Seekers



INDOOR CLIMBING



girl training



BADGE MAKING



REMEMBRANCE DAY cake decorating



...simply...



ICE SKATING

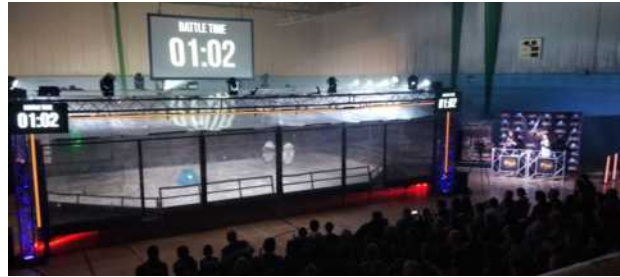
PART 2

LINK CENTRE SWINDON



DIDI
CARS





Robinswood Hill **NIGHT CLIMB**





Every Monday afternoons between 12:30 & 1:30, different volunteers get together to enjoy a free lunch and social in the main hall at Friendship Café.



Q & Charlie are happy now the Coffee Shop has reopened. Much needed pit stop after that long trek from the Farm to the Cafe.

The Coffee Shop was closed over the Xmas period as we had a problem with uneven flooring. The floor needed to be completely taken out and concreted with new vinyl laid on top. This was completed thanks to a grant from the UK Shared Prosperity Fund and the services of Jaffer Building Services and the Weavers Carpet Shop. The Coffee shop is now back open Monday to Saturday 10-3.

Other improvements at the Friendship Café include the 'Ladies' facilities', which have finally been lovingly refurbished. There are plans for more improvements but it takes a lot of ££££ to be raised.



FC Women's Cycling Club have been on top form! Seven members successfully completed the 'British Cycling Ignite: Women in Cycling' course to become qualified Level 1 Cycling Coaches. FC Women's cycling club's goal is to encourage cycling by providing lessons for all abilities in a friendly, respectful & religiously sensitive manner. Cycling is an excellent form of exercise and being outdoors is vital to physical health & mental wellbeing. We look forward to welcoming new members of all abilities. New beginners cycling courses for adult females starting in January 2023.



Don't forget archery takes place for children on Mondays 7-8pm and for adults Wednesdays 7-8.30pm



City Farm & RIDING SCHOOL



Charlie and fellow pony friends went to meet the children at Al-Ashraf Primary School



Children from our local primary school and volunteers had a fantastic demo when Duffy the competition horse made a visit to the City Farm. Thank you to rider/owner Andy Collop, Principal of Hartpury who jumped 1 metre with Duffy the Wonderhorse. We look forward to more visits and thank you to Hartpury for their on-going long-term support.

Picture credits: Frankie Bray Photography





City Farm & RIDING SCHOOL



Another great day at Hartpury College and University where we had a tour through the horse therapy centre and the excellent facilities at Hartpury. Included was a competition in the state of the art Rider Performance Gym. Thank you to the staff at Hartpury for putting this on for us



The Everyman Theatre supports a charity during the run of its annual pantomime each year and this year the show – Dick Whittington – has been raising funds for City Farm and Scrubditch Farm. The funds raised will help us restart the Farm Café.





City Farm & RIDING SCHOOL



Many thanks to the team of volunteers from local banks and Gloucester City Homes who have been helping spruce up the farm over the past few months and also our young and old Christmas/Boxing Day helpers...



The 'Gold Cup' will be visiting the City Farm on Tuesday 21st Feb at 11am. The prestigious trophy has a long history and Andre Klein from the racecourse will be in attendance to explain this. All welcome. Just turn up. See the animals at the same time.

Donations to the City Farm & Riding School
-via Local Giving

<https://localgiving.org/donation/thefriendshipcafe?ref=865a9f660f&src=stjamescityfarm&emb=8950656927>

Just for clarification purposes, The Friendship Café is the overall registered charity and whatever is donated to the City Farm/Riding School goes towards that only. Whichever side of the charity you decide to support, it's much appreciated!



Thank you Sainsbury's Barnwood who recently donated loads of pumpkins to the farm.
Pictured are volunteers Matt and Jason.

COMMUNITY NOTICES

<https://thefriendshipcafe.com/expanding-our-work-team/>

JOB OPPORTUNITY Operations Centre Manager @Friendship Café

F/T 35 hours per week. Permanent, subject to funding. Salary: £27,375 p.a.

This is an exciting opportunity for a dynamic, visionary and self-motivated individual to support the operational, financial and administrative duties related to the day to day running of the Friendship Café.

The post will be based at the Friendship Café, Gloucester GL4 6PR.

Preferred skills and experience;

- Experience of organisational management, including supervising staff at varying levels.
- Excellent interpersonal and communication skills to liaise effectively with staff, centre users, funding bodies and relevant stakeholders.
- Knowledge and experience of financial/budgetary management, working in the community sector, including ability to fundraise.
- A high level of general education and IT proficient.

For further information or to receive an application form, please contact: Haroon on 07714 206201 or Imran 01452 308127 imran@thefriendshipcafe.com

Closing date for completed applications: Friday 17th February 2023

If you do not hear within 2 weeks of the closing date, please assume that you have been unsuccessful on this occasion. We do not have the administrative capacity to respond to every application so only shortlisted candidates will be contacted.

NO AGENCIES PLEASE.

In line with The FC Safeguarding Policy, appointments will be subject to an enhanced DBS check and satisfactory references.

Safeguarding is everyone's business. There is an expectation and a requirement that staff/volunteers will pass any child/vulnerable adult welfare concerns that may arise in the course of their duties to The FC Designated Safeguarding Lead.

Gloucestershire Shared Lives



Throughout Gloucestershire, many adults are looking for assistance to enable them to live their life in a way that supports their needs and enables new experiences. Gloucestershire Shared Lives offers an alternative to traditional care options such as residential care, respite or day centres. The service is flexible and supports people to access work, leisure activities and trips out providing outcome focused and bespoke support plans.

Shared Lives offers support within a family home for a few days, a few weeks or on a long-term basis. Shared Lives is a service for people with assessed needs aged 18 and over, including people with Dementia, Learning Disabilities, Long term health conditions and Mental Health difficulties.

Are you looking to work flexible hours? We are currently looking to recruit Shared Lives Carers from BME and diverse communities throughout the county who can help us develop the service and enable many more people to access our service.

Being a Shared Lives Carer can be very rewarding. Enabling people with assessed needs to access communities and fully live their lives from a safe and caring base can make an exceptional difference to an individual's life. You may also be supporting another family to have a break themselves knowing their loved ones are safe and in a suitable and caring environment.

If you think you may like to be involved and have space within your home, then we would love to hear from you. You will be supported by specialist staff throughout the application process and on an on-going basis once approved. Shared Lives Carers are self-employed and will be paid a fee for the support they provide. If you're interested in becoming a Shared Lives Carer the Shared Lives team would love to talk to you. You may already have experience of caring for others on a personal or professional basis, but whatever your background or skills, our expert team will be on hand to give you all the training you need and match you according to your *style*.

To become a Shared Lives Carer you do not need to have previous experience in care, as you will receive ongoing training and support. You can contact us on 01452 426236 or by emailing shared.lives@gloucestershire.gov.uk.

You can also find more information at <https://www.gloucestershire.gov.uk/shared-lives/>



Community Dementia Education and Information Event

Wednesday 15th February 2023
10.00am - 2.00pm (Doors open 9.30am)

The Friendship Café, Chequers Bridge Centre
Painswick Road, Gloucester, GL4 6PR

- Want to know more about Dementia?
- Understanding Dementia and the Community?
- Find out how to get support?

REFRESHMENTS /
LUNCH PROVIDED

INTERPRETERS
AVAILABLE
Gujarati, Urdu, Sylheti &
Arabic communities

Resources for Gujarati, Urdu,
Arabic, Afro-Caribbean,
Bengali/Sylheti communities

BOOKING ESSENTIAL as places are limited

For further information and to book your place, please contact:-

Information and Education Service (Managing Memory Together)

Email: managingmemory@ghc.nhs.uk

Tel: 0800 694 8800

Or Saleha Moolia 07812155759 Amina Kathrada 07970908072

Other events are due to be held in the future to meet the needs of other ethnic groups

[Vacancies - Cotswolds National Landscape \(cotswoldsnaonb.org.uk\)](https://cotswoldsnationallandscape.org.uk/)

Grants & Outreach Officer

We're looking for an enthusiastic and motivated individual to join us. Working both in an office and outdoors, you will gain lots of valuable skills and experiences to help you in your future career.

You will co-lead our grants scheme, Caring for the Cotswolds. This is a unique experience that will allow you to gain skills in project and funding scheme management. You will seek new projects for funding and guide applicants through the application process. You will also help manage the membership and look for new ways to expand the scheme.

Alongside this, you will lead a variety of initiatives to improve people's access to nature. We want to reach communities inside and outside the Cotswolds and encourage them to feel welcome in the countryside. This will include working with our charity partner, the Cotswold Way Association, and helping to deliver education sessions and community outreach events with our education team.

We're particularly interested in receiving applications from young people (aged 18-25) who are from ethnically diverse backgrounds, who are living with a disability, or are from low income households. This role requires no previous experience, as a full training programme will be offered.

Package

Salary: £19,836 per annum (£10.90 per hour)

Hours: 35 hours over five days per week (fixed term until March 2024)

Location: Gloucestershire-based, flexible across three offices.

Benefits:

- Join a friendly and motivated team
- 25 days annual leave plus Bank Holidays
- Office-based role with lots of opportunities for practical outdoor work
- Training and support provided

For more information:

- [Download the NTN Vacancy Placement pack here](#)

If you would like to have an informal conversation about this role with James Webb, our Partnerships and Fundraising Lead, please email james.webb@cotswoldsnaonb.org.uk to arrange a suitable time.

To apply:

Please visit the New to Nature

website: www.surveymonkey.co.uk/r/NTNPlacementApplication22

Closing date 12pm on Friday 17 February 2023.

We expect to conduct interviews in person the week beginning 27 February 2023.

COMMUNITY NOTICES



ARE YOU A 16-18 YEAR OLD?

**WANT TO UNLOCK YOUR CAREER
OPPORTUNITIES AND GET RECOGNISED?**

**INTRODUCING YOU TO OUR LEVEL 2 & 3
CAREER SUPPORT PROGRAMME!**

Qualifications include:

- ✓ Teaching & Learning
- ✓ IT & Computing
- ✓ Accounts & Finance
- ✓ Childcare
- ✓ Health & Social Care
- ✓ Business
- ✓ Customer Service
- ✓ Employability Skills
- ✓ Management

Benefits:

- ✓ Study with no exams
- ✓ Fully funded
- ✓ Flexible timings - evenings and daytime sessions available
- ✓ Progression into:
 - Employment
 - Apprenticeships
 - University
- ✓ A-level equivalent qualifications & UCAS points

Limited spaces - enrol now!
www.wiseorigincollege.com | 07787523297

Scan to apply!



Qualification List

Below is a list of qualifications that we offer for the students at level 1, 2 & 3.

We can also offer various other qualifications upon request:

Teaching and Learning

IT and Computing

Accounts and Finance

Childcare

Health and Social Care

Business

Employability Skills

Customer Service

Management

www.wiseorigincollege.com
contact@wiseorigincollege.com
0116 242 5557



Community Open Day - 11 March 2023

On **Saturday 11 March 2023** the Adults recruitment team will be at the **Community Open Day at the Friendship Café** in Gloucester from 10am until 3pm (Chequers Bridge Centre, Painswick Road, GL4 6PR).

Refreshments include tea, coffee and a light lunch, and there is onsite parking.

Plus, there is an enclosed area especially for children with a bouncy castle and entertainment to help keep them happy and occupied while parents talk to the team about the fantastic opportunities available.

Teams represented will include:

- Locality
- Learning Disabilities
- Enablement
- Hospital Discharge & Assessment Team
- Practice Development
- Respite
- Day Centres
- Safeguarding
- Contact Centre
- Equipment Loan Service
- Home First and Reablement
- Brokerage and Commissioning
- Proud to Care
- Apprenticeships and
- Children's Social Work.

Our Corporate Recruitment Team will also be on hand to share other opportunities across the wider organisation.

We want to share why we care and inspire others to make a difference too. Please encourage anyone you know who may be interested in a career or a new challenge in adult social care, to come along.

If you need any further information, please email ASCrecruitment@gloucestershire.gov.uk.



BITS & PIECES

FRIENDSHIP CAFE YOUTH GROUP



**Volunteering opportunity available
at Friendship Cafe for boys and girls**

ARE YOU PARTICIPATING IN DUKE OF EDINBURGH

THIS YEAR AND LOOKING FOR VOLUNTEERING OPTIONS ?

THEN FRIENDSHIP CAFE YOUTH TEAM IS LOOKING FOR YOU !



**FOR MORE INFORMATION &
TO REGISTER YOUR INTEREST,**

PLEASE CONTACT

07828 204955

Fouzia@thefriendshipcafe.com



BITS & PIECES



Rachel led a group of our allotment regulars on a litterpick. They started off cleaning around The Friendship Cafe, filling up 7 bags, before moving onto the streets and working their way toward the allotment. In total they filled up more than 15 bags!



UnReflected Reflections...
The history of Muslims in Gloucester project has been well received and on tour up and down the county in several venues. To find out more please email Ismail at

events@thefriendshipcafe.com



Whilst visiting, the High Sherriff of Gloucestershire Sir Dusty Miller tried his hand at archery. whilst our other visitor, Julie Kent MBE, had a bit of boxing bag practice.



*Thanks
for reading*

