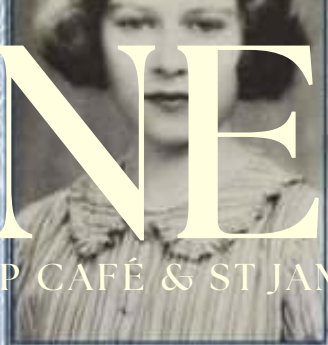


CAFE NEWS

NEWSLETTER OF THE FRIENDSHIP CAFÉ & ST JAMES CITY FARM



www.thefriendshipcafe.com



The Friendship Café



The Friendship Café



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@FriendshipCafé1



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OPCC
Office of the Police &
Crime Commissioner
for Gloucestershire

ED-LINES

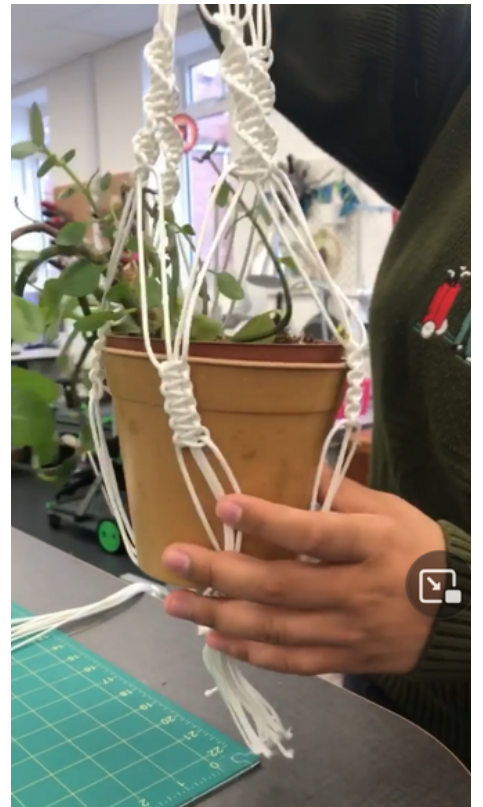
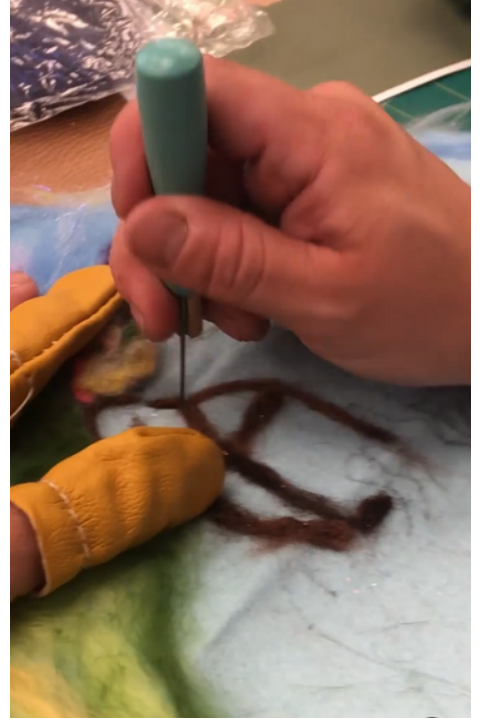
Hello everyone not much from me this time

To commemorate Queen Elizabeth II who sadly passed away last month, here are a few photos of some volunteers who were invited to the Queen's Garden Party over the years, and also remember that the City Farm was awarded The Queens Award in 2015.



The Emma Willis

SEWING STUDIO



FARM CLUB

From feeding goats, chickens ,sheep and rabbits to grooming our ponies, We even managed to convince our resident horse Charlie to pull us around the streets of Gloucester in his cart



COOL RIDING



We had a great day out to the Avon Riding Centre organised by champion rider Lydia Heywood and our Friendship Café Girls' Group. We met up with riders from Urban Equestrian in Leicester and around the UK, Photos: Copyright Mia Benton

SLIMBRIDGE

Friendship Café Girls Group were offered the opportunity with GCRP and WWT (Slimbridge), to board the train from Gloucester Train Station and embark on an adventure exploring the wetlands.





ART AND CALLIGRAPHY WORKSHOP

Shahista Kapadia, one of our original girls from girls group in the 2000's, returned to Gloucester and shared her artistic talents with our girls. We are very lucky to have Shahista take some time away from her calligraphy business to teach our girls how to create backdrops for artwork whilst also imparting valuable entrepreneurial business advice.



FC Stall at the

Barton & Tredworth Fayre





COMMONWEALTH GAMES HARTPURY

Water bottles in hand, trainers on, girls competed in teams at the Hartpury Commonwealth Games





Vitality
BLAST



PADDLEBOARDING IN BRISTOL





MAKING
ROTIS

TO MAKING
CANDY
FLOSS



The Candy Floss
Kid







Congratulations

MORE OF THE CHILDREN OF FRIENDSHIP CAFÉ MOVING ON IN LIFE....

Zainab Rhyman, married and now a
Copyright and Patents Lawyer.



Hassan Kadodia: 1st Class degree
in geology!

Farewell x2



We said a fond farewell to
Ammatullah who was a key
member of the Coffee Shop staff.
Ammatullah is off to University
to study Marine Biology.



Zaz has also left The FC Family.
She has gone to Bahrain to teach.
Zaz was a great addition to the
team and will be sorely missed.

SHE'S ONE OF OUR OWN!



City Farm &
RIDING SCHOOL

Aamilah Aswat : From humble beginnings



..... to winning jockey

..... with support from her family & friends



..to earn a place at..

... The British Racing School in Newmarket.





**Gloucester Day celebrations.
Jackie, Nick, Patti, Ellie and Matthew with some of the
sheep, goats and rabbits in City Centre.**



**City Farm &
RIDING SCHOOL**



Our Cool Ridings Horse Experience Day!
The Avon Centre working in partnership with St James' City Farm and Event Rider, Lydia Heywood to provide an equine experience, including horse care and behaviour and riding. 30 young people got stuck into activities at The Avon Centre and it was brilliant from start to finish.

Images: Mia Benton Equestrian Photography





City Farm &
RIDING SCHOOL



Many thanks to the team of volunteers from @RingwayInfrastructureServices who worked through a very hot day to create a new and improved pathway for our visitors. We really appreciate the skilled workforce taking time out not just to do the hard work, but buying all the materials as well. (Note: not all the volunteers are in the pictures)

Over the next few months, we hope to see volunteers from Gloucester City Homes, Gloucester City Council and Lloyds Bank. If your workplace or team would like to help please contact imran@thefriendshipcafe.com

Great day at Hartpury where we had a tour through the horse therapy centre and excellent facilities and a competition in the state of the art Rider Performance Gym. Thankyou to the staff at Hartpury for putting this on for us



Volunteering *with* Jackie



City Farm &
RIDING SCHOOL

My first year at St James City Farm has been hugely rewarding and so inspiring to see people of all ages being transformed through working with animals. The farm is a safe place for people with mental health issues, learning disabilities, those who haven't fitted back into education post-Covid as well as being a placement setting for higher-level students, young people taking the Duke of Edinburgh Award and those looking for work experience.



Over the summer we set up a 6 week Farm Club for girls from the Friendship Café who wouldn't normally volunteer at the farm. They all loved the experience and want to make it a regular monthly club. The ponies were always the most popular!



St James City Farm has forged links with Scrubditch Care Farm in North Cerney – a therapeutic farm with similar aims to ourselves. Unlike our city setting, Scrubditch is right in the heart of the countryside with woodlands, animals, space to grow vegetables and a big kitchen to cook and share meals.

Through a connection with the Everyman Theatre in Cheltenham we were able to offer Farm volunteers and asylum seekers/refugees from Gloucester a chance to enjoy some time out, a tour of the farm and an amazing lunch prepared by Scrubditch staff and the Chief Executive of the Everyman, Mark Goucher. More than 60 people of all nationalities enjoyed the trips over two weeks.



The Everyman Theatre supports a charity during the run of its annual pantomime each year and this year the show – Dick Whittington – will raise funds for City Farm and Scrubditch Farm.

(continues on next page)

Over the summer 30 volunteers, made a trip to Cattle Country as a fun reward for all their hard work. Without the volunteers the farm just wouldn't run!



Donations to the City Farm & Riding School – new method via Local Giving

<https://localgiving.org/donation/thefriendshipcafe>

Just for clarification purposes, The Friendship Café is the overall registered charity and whatever is donated to the City Farm/Riding School goes towards that only. Whichever side of the charity you decide to support, it's much appreciated!

Instagram St James City Farm Gloucester
(@stjamescityfarmgloucester)
This is the official Insta page for the city farm

As always, September is a time we see volunteers go on to bigger and better things.



Amber & Arron

Superstar Arron has been a regular weekend volunteer for a number of years and gone from being very shy and lacking in confidence to heading to Chester University to study Zoology!

Rachael too, has headed off to Uni in Aberystwyth. Amber carries on her volunteering along with studying at Hartpury College.

Chantelle also did brilliantly as did Daisy, Libby and Olivia who are all continuing studies with animals.



Rachael



City Farm &
RIDING SCHOOL

BITS & PIECES

The UnReflected Reflections exhibition of photos got recognised in the August 2022 edition of Amateur Photographer Photography! The exhibition is the first part of a series of documentaries and photos about the history and contributions of Muslims in Gloucester. The exhibition has involved three events at the Friendship Café, as well as various showings at other venues.



Chairman of Friendship Cafe and City Farm Reyaz Limalia shares his wisdom with an audience at Slimbridge about improving access to nature. Reyaz was a keen skier, hiker, climber, skater and surfer in his youth.



Cyclists from Bristol cycled over 80 miles to Gloucester and back. (Friendship cafe was stop-over point) in order to raise money to build houses for families in Syria.



BITS & PIECES

DEFIB READY

DEFIB APPEAL COMPLETE

Thanks to all the generous donors, a life saving defibrillator has been purchased and installed outside the main building. This can be accessed by any member of the public in case of an emergency.



NEW ROOF @ CITY FARM!

BEFORE



DURING



FINISHED

